

Cheetah Chatter

Published by Meridian Park School & Meridian Park PTSA

New Bond Proposition in February for Shoreline and Lake Forest Park Voters

At their October 10th meeting, the Shoreline Public Schools Board of Directors unanimously approved a resolution placing a bond proposition on the February 14, 2017 special election ballot.

"The bond proposal we are asking Shoreline and Lake Forest Park voters to approve is a critical component of our Future Shoreline initiative," said **Board President David Wilson**. "Approval of the bond will provide our students and staff with learning facilities that will continue to support the highest levels of achievement by allowing us to align our instructional programs and configurations to give our students the very best learning experience possible well into the future."

On Tuesday, February 14, 2017, Shoreline and Lake Forest Park voters will consider a \$250 million school construction bond that will allow the school district to:

- Alleviate elementary overcrowding and reduce class sizes
- Provide learning environments to support student achievement
- Expand and enhance early learning opportunities
- Design new buildings to enhance school safety and security
- Capture an estimated 10 percent state match

Projects to be completed if the bond passes include:

- Constructing an Early Learning Center at the Shoreline Children's Center site to house tuition-based preschool, Head Start and Early Childhood Education
- Rebuilding Einstein Middle School
- Rebuilding Kellogg Middle School
- Rebuilding Parkwood Elementary School

The Board made its decision based on a study completed by the **Facilities Planning Committee (FPC)**, consisting of parents, staff and community members, over the past year. The committee thoroughly reviewed each facility's building condition report, which ranks the facility's structure, systems and safety components, as well as demographic studies projecting future enrollment growth. The FPC also heard reports and recommendations from the **Instructional Program Planning Committee (IPPC)**, which reviewed the district's current instructional programs and configurations.

"I want to thank these committees for the incredible job they did in developing a plan where the instructional needs of our students determined the construction recommendations," said **Superintendent Rebecca Miner**. "They were very thoughtful and forward-thinking in their review and recommendation. I look forward to sharing this information with the community in the coming months and engaging in a conversation about the future of our amazing school district."

Numerous community bond information meetings are being scheduled. For a list of dates, please visit www.shorelineschools.org/bond.

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Upcoming Events

November 11

Veteran's Day
No School

November 23

Hi Cap Program Information Night
6:00 p.m. - 9:00 p.m.
Shoreline Conference Center

November 23

Early Dismissal

November 24-25

Thanksgiving Break
No School

November 28

Shoreline Hi Cap Advocacy Group Planning Session
11:00 a.m. - 1:00 p.m.
Shoreline Library

December 1

MP Skate Night
6:00 p.m. - 8:00 p.m.
Lynnwood Bowl and Skate

December 5

Non-student Work Day
No School

December 6

Scholastic Fall Book Fair
MP Library

December 6

PTSA Board of Directors Meeting
7:00 p.m. - 8:30 p.m.
MP Library

Meridian Park News

8th Annual MP School Musical



MP PTSA along with Dandylyon Drama present
8th Annual MP School Musical
 4th - 6th Grades



"Tall Tales of the Wild West"

A new musical by Rob Jones & Melani Lyons of Dandylyon Drama

Important Dates to Know:

Mandatory Parent Information Meeting

December 8th, 7:00 p.m. in the MP Library
 (registration packets will be available at the meeting)

Mandatory Drama Auditions

January 4th and 5th, 3:30 p.m. - 5:30 p.m.

Drama Rehearsals

Begin January 9th, Monday-Thursday, 3:30 p.m. - 5:30 p.m.

Drama Performances

March 3rd and 4th at Shorewood High School

Lost and Found

Please check the lost and found. There are a lot of lost sweatshirts and coats! We will be donating lost and found clothing to The Works on [Wednesday, November 9th](#), so claim your items now!

Skating Party

The next MP skating party is **December 1st** from 6:00 p.m. - 8:00 p.m. at [Lynnwood Bowl & Skate \(6210 200th Street SW, Lynnwood\)](#). Admission is \$6.50 + tax which includes quad skate rental. Pay an additional \$3.00 for inline skates. Parents are encouraged to participate. No drop-offs allowed. Feel free to bring your own helmet. Hope to see you there!

Free Family Movie Night at Meridian Park - November 18th

Join your friends and family for "Movie Night" at MP to begin at 6:30 p.m. Bring a chair, stuffed animal, bean bag, snacks, etc. Movie to be announced. Our 6th graders will sell concessions. More details to come!



Shoreline Public Schools Highly Capable Information Night

This information night is a chance to hear about the services provided to our most highly capable students and get an update on the work happening this year to improve those services. There will be an opportunity to speak with a Highly Capable Program teacher and the Program Director as well.

Parent Information Night:

Date: Tuesday, November 22nd, 2016

Location: The Shoreline Room at Shoreline Center

Time: 6:00 p.m. - 9:00 p.m.

If you have any questions about Information Night, please contact the Shoreline HiCap Office by e-mail at spencer.glushak@shorelineschools.org or by phone at **206-393-4771**.

Message from Shoreline Public Schools

MINUTES MATTER... If a student is 10 minutes late to school each day, this adds up to missing more than 33 hours of class time. A student with a 90% attendance average for Kindergarten through 12th grade will miss over a year of accumulated time in the classroom.

#ShorelineEveryDay

Cheetah Cheers

Please join the Meridian Park PTSA (it's not too late!)

Thank you to the following families and staff for joining the Meridian Park PTSA since September 28th for the 2016-17 school year. Up to this point, we have **207 members!**



Chandni Duggal
Joana Gomez
Kathy Jenks
Annie Gage
Julie Harris
Nora Daley-Peng
Tien Peng
Tama Leahy
Diana Kushner
Nicola Beck
Nora Dalasta
Grace Sun
Mary Webb
April Ingle
Heidi Helgeson
Rebecca Miner
Myunga Baek
Staci Phillipson
Jane Seslar
Carrie Getz
Kristy Dickson
Jane Wiebe
Michael & Denise Peters
Jean Phelan
Diana Borrud
Lara & James Gino
Shari Anderson
Michelle Ingalsbe
Linda Tsai

Meridian Park Green Team

Great job on recycling and composting in the lunchroom!

Ask your student if they are on the Green Team!



Principal's Letter

Dear Families —

With autumn leaves and a chill in the air, it looks and feels like fall. Our students are working hard, and I appreciate the thoughtful work of staff to help each student learn and grow. We know you're busy also supporting your students with academic and social growth, and we are grateful for our partnership.

Thank you for attending October Conferences. Regular communication is a priority, so let's keep talking. Feel free to contact your child's teacher at any time by phone or email. When there's a question, please contact the staff member closest to the situation. As much as possible, we want to resolve questions or concerns at the lowest level. Our general guideline is to return your calls or emails within 48 hours. We value proactive communication, so please communicate early when a situation is developing.



Our calendar includes non-student days for the purpose of professional development. Our topics include work around our goals, standards, assessment, data, and more. We are committed to using non-student time to grow as educators and improve our program. This year, one of our professional learning topics is Equity, and we are fortunate to partner with **Shoreline Equity Director Tanisha Felder** to learn more about increasing access and opportunity for all students.

We expect students to be Respectful, Responsible, and Safe. We appreciate your support and reinforcement of our Self-Manager system involving positive behavior choices. While our approach is to emphasize prevention, positive interactions, and problem solving; we utilize the district progressive discipline policy regarding chronic or significant negative behaviors when needed.

We also have a no tolerance policy regarding bullying behaviors. As a school, we are focused on preventing bullying and teaching students how to respond to hurtful situations by **Recognizing, Refusing, and Reporting**. We reviewed this information regularly in classrooms and recently at a school assembly. Each staff member is committed to personal and emotional safety for our entire community.

Annie Gage, our Family Advocate, provides a wide range of family and student support services, including teaming with teachers to provide lessons about respectful, responsible, and safe behavior. Annie also supports families with resources. Contact Annie at **206-393-1768** or annie.gage@shorelineschools.org.

Counselor Katie McCain provides limited counseling, leads our intervention team, and leads our Positive Behavior Team. Contact Katie at **206-393-1785** or katie.mccain@shorelineschools.org.

Enjoy the season. Thanks to our wonderful PTSA for our recent Family Night, Reflections, teacher

Principal's Letter

grants, and other support and activities. Please join PTSA – it's never too late. I also invite you to have lunch with your child(ren) at any time – it's a lot of fun. ***Thank you for sharing your children and family.*** We are a great school community because of all of us working together. I hope to see you soon.

David Tadlock
Principal
david.tadlock@shorelineschools.org

Tadlock Tip #3 - Exercise

Exercise and learning go together. Children and adults can benefit by daily exercise that increases heart rate. Fall is a great time to walk or bike together to enjoy the leaves and fresh air. It helps to stand more and move more (less sitting). Screen time is a big factor – by reducing screen time, we can increase movement. Try it in November: get outside to walk together for 15 minutes daily – I promise you will feel a positive difference. Let's all model health and fitness for our kids.

Reminders

For the second year, all Shoreline schools are on a **semester academic system**. This means that the timeline for report cards is approximately the same as the middle and high schools. Semester progress reports will go home in **mid-February**, and conferences will be scheduled again for **March 7 – 10**.

Our **Safety Committee** meets regularly to review safety procedures. We have completed **Fire, Lockout, and Lockdown Drills**. While we hope never to need our procedures, we want to be prepared. Please review your personal family plans for earthquake or weather-related late start, closure, or unexpected early dismissal. If there is a schedule change, it will be announced by the district using all electronic and media sources.

If school is late because of weather, class will start at **11:05 a.m.** We will be on a regular recess, lunch, and specialist schedule.

Drop Off Lane – No Parking Please!

- Just like the airport, the drop off lane curb lane is for drop-off only, please – no parking.
- Help keep things moving by staying with the car when you drop at the curb lane.
- To walk your child to the door, please park in the lot.

We appreciate your cooperation!

Cheetah Notes

Notes from the Health Office

Parent volunteers are needed to help with health screenings!

Washington State law requires schools to conduct auditory and visual screenings for elementary students in grades K, 1, 2, 3, and 5. The Meridian Park nurse will be doing screenings on **Tuesday November 29th, Wednesday November 30th, and Thursday December 1st**. Volunteer slots are available from **9:15 a.m. – Noon** and **12:15 p.m. – 3:00 p.m.** on **November 29th and 30th**, and **9:15 a.m. – Noon** on **December 1st**. No experience is necessary and training will be provided.



If you are able to help, please contact Nurse Tama at tama.leahy@shorelineschools.org or **206-393-4124**.

Notes from the Counseling Office

Dear Parents/Guardians:

As the new school counselor at Meridian Park, I'd first like to say hello and thank you for the warm welcome to this great community! Part of my job (the part I love the most!) is to support students in their social, emotional, and academic growth. To help me do this and get to know students, and as part of our **Positive Behavior Intervention and Supports (PBIS) school-wide model**, I will be asking teachers to complete a survey of sorts to help me get to know students and learn how I can best support them. This survey focuses on teacher observations of student behavior in class. Since I am not in classrooms daily as teachers are, it is important for me to get information from those who serve students the most. In the coming weeks/months, you may get additional information from me regarding social emotional guidance lessons in the classroom, small group, and individual support available based on the behavior information gathered in this survey. If you have any questions or concerns, please don't hesitate to contact me at **206-393-1785** or katie.mccain@shorelineschools.org.

Thank you!

Katie McCain, M.Ed.

School Counselor

Cheetah Notes

November News from the Library Media Center

Greetings Meridian Park Families!

Fall Scholastic Book Fair – Tuesday, December 6th

Our ***one-day-wonder* Scholastic Fall Book Fair** will take place on **Tuesday, December 6th**. The Book Fair will run during the school day as well as the evening along with the PTSA meeting and a choral performance.

Students will have a chance to preview the Book Fair on Friday, December 2nd.

It will be an enjoyable event for everyone. Last year's one-day book fair was a huge success, as well as a lot of fun. Book fair profits benefit all MP students through the purchase of new books and the support of author visits and other literacy events.

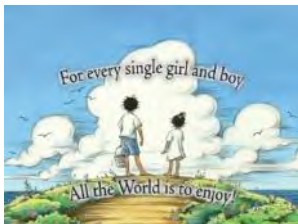
If you would like to help out at the December 6th book fair by volunteering a few hours of your time, please contact me at **206-393-4125** or jenny.hillger@shorelineschools.org. (Email is the best way to reach me)



Gratitude

Our monthly school-wide theme for November is Gratitude. Some picture books with this theme are:

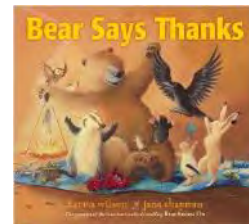
All the World
By Liz Garton Scanlon



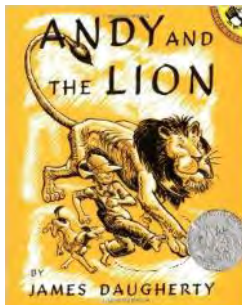
An Awesome Book of Thanks
By Dallas Clayton



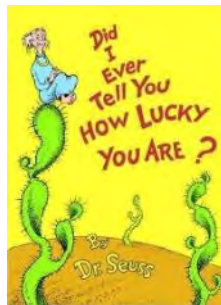
Bear Says Thanks
By Karma Wilson



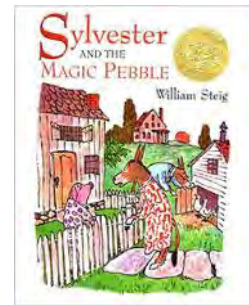
Andy and the Lion
By James Henry Daugherty



Did I Ever Tell You How Lucky You Are?
By Dr Seuss



Sylvester and the Magic Pebble
By William Steig



Sincerely,
Jenny Hillger
MP Teacher/Librarian

Cheetah Notes

November P.E. News You Can Use

Student Voice

It is truly my desire that all students enjoy physical education class at Meridian Park. I strive to balance the need for a curriculum that is physically rigorous, developmentally appropriate, tied to national standards as well as enjoyable and engaging for my students. In addition, it is a top priority for me that students feel that both the teacher and their peers treat them with respect in P.E. In an effort to gauge the social climate of my classroom and gather information on student preferences, each year I survey the sixth grade students. The results help to inform my decision about curriculum and allow all students an opportunity to give confidential feedback to me about how they think I am doing. Below are the aggregated results of this year's survey.

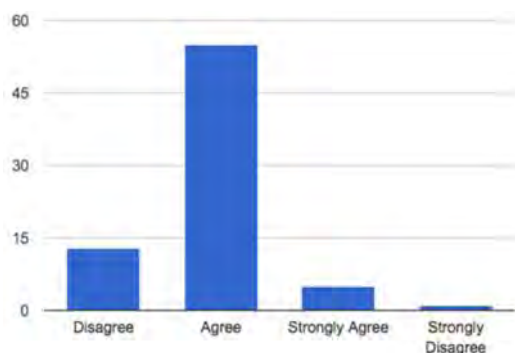
One of the results that I am most happy to share is that the students are reporting a much higher level of student-student respect in P.E. than last year. **In 2015-2016, 37% of students disagreed with the statement; *Students at Meridian Park treat each other in a fair and respectful manner during PE.* This year only 16.2% of students disagreed with the same statement.**

While I am not satisfied that many of my student still don't feel like they are treated with respect in my class, I am pleased with growth, and I am confident that we are moving in the right direction.

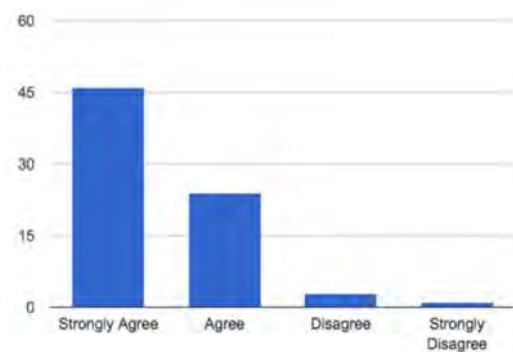
Below are the survey results in their entirety, including individual comments with my responses. I would be happy to discuss results or answer any questions.

Thank you,
Matt Alford, Physical Education Specialist
matt.alford@shorelineschools.org

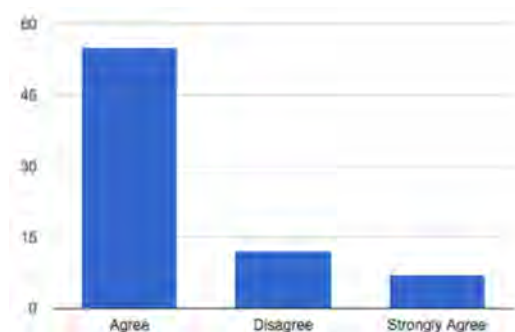
Students at Meridian Park treat Mr. Alford in a fair and respectful manner.



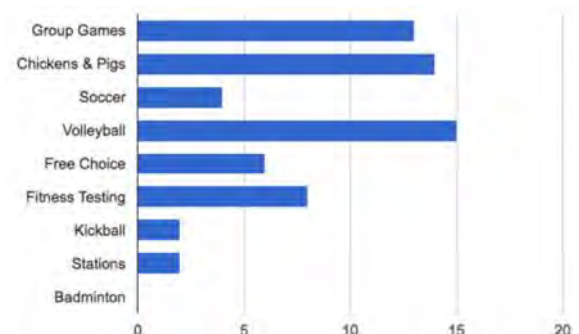
Mr. Alford treats his students in a fair and respectful manner.



Students at Meridian Park treat each other in a fair and respectful manner during PE.

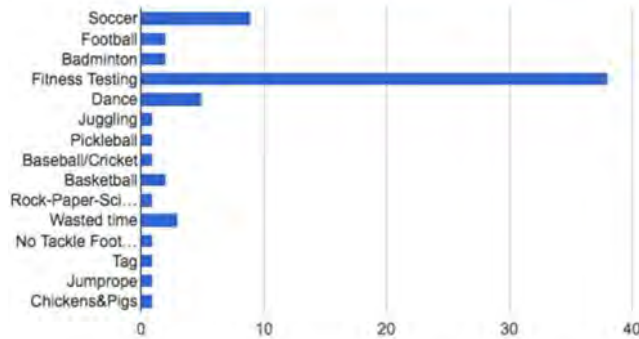


Count of PE favorites

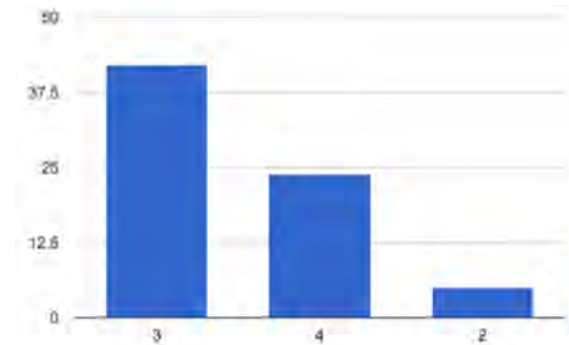


Cheetah Notes

Count of PE least favorites



Please give PE an overall rating, 4 being the best and 1 being the worst.



Additional student comments and responses from Mr. Alford:

I would like him to be a hint more strict. Weird right?

Nice to hear that not all students think of me as a drill sergeant. I really try to balance the fact that most students pay attention and are ready to learn with the fact that a vocal minority is consistently disruptive. I don't like to punish the whole group for the actions of a few and try keep a good flow to the class. I have found that if I focus just on the students who are not doing the right thing, that I may lose many of those that are.

More time in PE!

If I could fix this one, I sure would in a hurry! Did you know that state law says that sixth grade students are entitled to 100 minutes of PE each week? Maybe you should write a letter to your state senator on the topic.

No one likes golf.

Bold statement. Do you have any data to back this up? I did not receive one vote for golf as a least favorite PE activity last year. That said, my observation of the golf unit last year was that it wasn't very enjoyable for the masses. We will be skipping it this year.

Add capture the flag!!!

I feel like chickens and pigs is really a version of capture the flag, and I got the message loud and clear that students want to play more of it this year.

Can we do Mount Everest? It's when you run up the cheese shaped mats and see how high you can reach.

Done. Mount Everest is back in the gym and as long as students continue to be safe and responsible with the activity, it is here to stay.

Candy finding at Halloween.

As much as I like to honor student requests, I will never distribute sugar in PE class. We live in an over-sugared society and it is my strong belief that a diet high in refined sugar is detrimental to both the body and the brain.

Please play burn ball again this year!

We have already played burn ball this year and will do so again. Glad you like the game!

Cheetah Notes

I want to run a mile test at least once this year. Last year we did the half-mile, but this year I want to do something different and more challenging.

Ask and you shall receive! All 6th grade students run the mile in PE!

More games!

This was a strong response from many of you with regards to your favorite in PE. I will schedule more large-group games in lieu of some sport skill specific activities.

Please let there be Acrobatics or Gymnastics. I really really really love it and would like to learn more.

The PE teachers in Shoreline are writing a grant for this type of activity...stay tuned.

Do more outside PE.

You can expect more outside PE this year. Please be prepared every day to be inside or out for PE class.

Less cutting the gym in half.

Trust me when I say that I would love to have the entire big gym for every class! However, MP has the largest elementary student population in Shoreline and we need to schedule every class twice a week for PE. If the weather is bad, this means that we split the gym and share. Thanks for being flexible.

No more push-ups!

Push-ups are an important aspect of physical fitness and take extreme pride in the fact that Cheetahs are the strongest kids in Shoreline (I have the data to prove it). We will continue to have a concentrated focus on physical fitness and upper body muscular strength is a large component of this. Physical fitness is part of my job and someday you will thank me for helping to make you strong ;-)

Make the warm-ups a little shorter.

Warm-up activities are always designed to take about 5 minutes. Sometimes they do take longer, largely because students have difficulty getting organized, listening and following directions when they enter the gym.

Some days let students choose their own teams.

I understand this suggestion, as it is really fun to be on the same team as your friends. There are a couple reasons that I generally use other methods putting students into teams. First, letting students select their own teams always leaves someone left out and feelings are hurt. Secondly, letting students pick their own teams takes at least twice as much time. With only 30 minutes for each PE section, I prefer to get students into activity groups in the most efficient manner possible.

Do the Thriller again this year!

Done!

Gaga Ball!!!!

Great idea! Gaga Ball is on the menu!

If the classes could be joined together instead of one class with Ms. Smith and another with Mr. Alford I think it would be better.

Sometimes you can expect this to happen and other times we will separate. The high student population at Meridian Park requires that we have two teachers instructing PE at the same time. I realize that the situation is not ideal, but we are all demonstrating flexibility with regards to how we are dealing with the situation. I feel like the arrangement this year also allows for some opportunities and choice that was not available in previous years. For example, I have experimented this year with separating boys and girls for certain activities and overwhelmingly students have responded positively to this strategy.

PTSA President's Letter

Happy November!

Thank you to everyone who attended our PTSA meeting and saw the presentation regarding the recommendations around the Children's Center, Parkwood, Einstein and Kellogg, and the grade band configuration model. I know many of you saw the presentation online if you were not able to attend the meeting. Thank you for participating in our district and being a thoughtful part of our community. The school board has approved the recommendations, and it will be on the ballot in February. Expect that we will again host another presentation or at least direct you to one for additional information regarding the ballot measure.

We also approved our **PTSA Strategic Planning Goals**:

1. **Increase membership by 10%**
2. **Fortify our 2nd annual fundraising program Drive the Cheetah! Set amount desired and a plan to reach it.**
3. **Bring new faces into PTSA meetings, the volunteer pool, and events as attendees. Be a welcoming and open group.**
4. **Identify as PTSA during events, advertise as PTSA, ask volunteers to wear PTSA lanyards. Create a brand our school is proud to advertise.**
5. **Use Google calendar for all PTSA-sponsored events, making it easy to learn when events are happening.**

YES! Our fundraiser flyer, Drive the Cheetah, just came home with your children. We also included the FLYER at the end of this newsletter. We know there is some confusion regarding the Drive the Cheetah Campaign and the Walk-a-thon. The Student Council puts on the FunTastic Walk-a-thon to raise funds for field trips, playground equipment, and other student-run projects. Drive the Cheetah is the PTSA's only scheduled fundraiser. We are not selling magazines, wrapping paper, or cookies. We are just asking you to donate what works for your family. *If each student's family donated \$16, we would reach our goal of \$10,000.* As a PTSA, we understand there are many extra expenses, big and small, that come with raising our children. We want you to know that we use these funds donated to provide activities at school that are free or low cost, added enrichment in the classroom, scholarships, grants for teachers to do extra projects, and much more. The more funds we collectively gather, the more we will add to our school.

Spirit Gear will soon be available! If you would like to purchase a T-shirt, sweatshirt, or sweatpants for your little Cheetahs, check out the FLYER at the end of this newsletter. The sales will be open until Thanksgiving, and your ordered items will be delivered before the winter break.

November 18th is Family Movie Night! We will have a movie at 6:30 p.m. Our 6th graders will sell a concession item or two. These mini fundraisers help them with the cost of their spring camp. You can bring your own snacks, pillow, chair, etc. Stay tuned for more info on this FREE, fun MP event.

Do you follow MP PTSA on Facebook? <https://www.facebook.com/MeridianParkPTSA/>

As I write this note, we are gearing up for the Fall Harvest Festival, and I want to take a moment to thank everyone that is participating – **We can't do it without you - Thank you!** Just this week I was asked, "Shoreline has this great reputation; what makes Shoreline Schools so great?" It is true that we have an amazing teaching staff and very supportive administration and district, but I have to add - it's also the parents. Your participation in events, volunteering in your child's classroom, standing outside your children's door and visiting with other parents, working a book fair, helping your child with homework, stamping a lap at the Walk-a-thon, attending a field trip, engaging with your children's friends, and so much more – **Parents Being Present is what makes our School Great!** Keep it up!

A reminder: our monthly PTSA meetings are open to everyone. They are generally the first Tuesday of the month at 7:00 p.m. in the MP library, with YMCA-provided childcare. Please join us! We would love to hear your ideas and would be happy to discuss any actions you might bring to a meeting. If you would like to add an item to the agenda, please send me an email at: mpptsapresident@gmail.com.

Thank you!
 Callie Steward
 MP PTSA President 2016-2017
mpptsapresident@gmail.com
 206-380-9640

Community News

Meridian Park Elementary

www.shorelineschools.org/meridianpark/

David Tadlock *Principal*
david.tadlock@shorelineschools.org

Julie Harris *Instr Coach/Admin Intern*

Hillery Clark *Dir of Early Learning*

Diane Randall *Office Manager*

Jill Gwazdauskas *Registrar*

Tama Leahy *School Nurse*

Katie McCain *Counselor*

Annie Gage *Family Advocate*

2016–2017 MP PTSA Executive Committee

www.mpptsa.org

Callie Steward *President*
mpptsapresident@gmail.com

Rhonda McRae *Secretary*
mpptsasecretary@gmail.com

Joy Rieke *Treasurer*
mpptsatreasurer@gmail.com

Mary Webb *VP Clubs/Programs*
mpptsavpprograms@gmail.com

OPEN *VP Events*
mpptsavpevents@gmail.com

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Adrienne Thompson *Legislative*
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Follow the MP PTSA on Facebook

facebook

Cheetah Chatter is published monthly by
**Meridian Park Elementary and
the Meridian Park PTSA**

17077 Meridian Avenue N
Shoreline, WA 98133
(206) 361-4251

Veterans Day Celebration

Friday, November 11, 2:00 p.m. - 4:00 p.m.

Shoreline City Hall

All veterans of any U.S. military service and all who want to honor their service are invited to this annual recognition event. A short program will be followed by refreshments.

Friends of the Richmond Beach Library Book Sale

Saturday, November 12, 10:00 a.m. – 4:00 p.m.

Richmond Beach Library

Everyone is welcome! Gift-worthy and collectible titles. Variety includes: Northwest, cookbooks, gardening, fiction and non-fiction, U.S. politics, holiday crafts and cooking, children's books, DVDs and CDs, Great Courses series. Free gift wrapping for purchases.

Meridian Park Neighborhood Association

Tuesday, November 15, 7:00 p.m. - 8:30 p.m.

Shoreline City Hall, Room 303

The Meridian Park Neighborhood Association hosts meetings on the 3rd Tuesday of the month. For more information, visit the association's [website](#).

10th Annual Holiday Crafts Market

Saturday, November 19, 9:00 a.m. – 4:00 p.m.

Spartan Recreation Center

One day each year, just in time for the holidays, two rooms of the Spartan Recreation Center are transformed into a festive gallery of handcrafted treasures and treats. Join 65 juried artisans for the ever-popular Shoreline Holiday Crafts Market as we celebrate our 10th anniversary. There's something for everyone on your list. Visit the [website](#) for more information.



Meridian Park Elementary Apparel Fall 2016

DIRECT LINK TO THE WEBSITE - <https://meridian.itemorder.com>

Or visit - <http://athleticsupply.co> and enter "MERIDIAN" as your store name.

You can now purchase your items online in 3 easy steps:

1. Go to the online store at <https://meridian.itemorder.com>
2. Choose your items and add them to your cart
3. Securely checkout with your credit card

Online Store Deadline: **November 21st, 2016 (11:59pm)**

Youth Pullover Hooded Sweatshirt 	Adult Pullover Hooded Sweatshirt 	Youth Crew Sweatshirt 	Adult Crew Sweatshirt 	Youth Cotton T-Shirt 	Adult Cotton T-Shirt 
Ladies Textured Scoop Tee 	Youth Cotton Long Sleeve T-Shirt 	Adult Cotton Long Sleeve T-Shirt 	Youth Fleece Sweatpant 	Adult Fleece Sweatpant 	Youth Mesh Short 
Adult Mesh Short 	Youth Full-Zip Polar Fleece Jacket 	Ladies Full-Zip Polar Fleece Jacket 	Adult Full-Zip Polar Fleece Jacket 	Youth Polar Fleece Vest 	Adult Polar Fleece Vest 

powered by  **ORDERMYGEAR**

Questions?
 Curt Fosse
 425-284-6074
curtisfosse@gmail.com
<http://athleticsupply.co>

Drive the Cheetah! \$10,000 Goal!



Happy Fall Meridian Park Families,

We hope your school year is off to a great start. Please let us know! Follow us on Facebook: <https://www.facebook.com/MeridianParkPTSA/>

Our mission as a PTSA is to create and nurture partnerships with families and teachers to support the best learning environment for your students.

How do we do this work? We utilize volunteers like all of you and funds that are donated by families just like yours.

This is our second year doing our fall fundraiser as a pledge drive or campaign. Instead of asking you to have your student sell items to their friends and families, we are asking you to collect donations to give directly to the PTSA. 100% of the money donated is used for many programs, teacher grants, our library, and lots of activities sponsored by the PTSA. Plus, you don't have to go around delivering items to neighbors, friends, and family.

Please support the 2nd annual **Drive the Cheetah Campaign**. Our goal is to raise \$10,000 by November 18th.

The Impact of Your Donation

Your gift directly benefits your student's education. With your help, the PTSA provides:

- Teacher grants for classroom enhancement.
- Student scholarships for our before- and after-school interest cultivation programs.
- PTSA run enrichment opportunities such as the art docent program and drama club.
- PTSA events like the Fall Harvest & Culture Fest, Movie Night, and Variety Show at no cost for attendees.
- Larger scale community enrichment programs like Reflections, The Works, and more.
- Direct contributions to our school library, PE, and music programs.

We can't offer all of these programs without your support. No matter their size, all gifts are welcome. Check your employer's policy for matching gift donations.

Thank you in advance for joining our Meridian Park coalition!

Rhonda McRae
MP Fall Fundraiser Coordinator

Callie Steward
MP PTSA President

2016-2017 Drive the Cheetah Campaign Pledge

Thank you for participating at any level! Our goal is to raise \$10,000 by November 18th. 100% of funds raised go to the PTSA for enrichment programs, free all school events, PE, music, library, art, and teacher support. Your donation today makes a difference!

Yes! I'd like to help Drive the Cheetah at the following level:

- **Choose My Own Level** \$ _____ - Gifts of any size are welcome and are appreciated. **Every dollar makes a difference!**
- **Paw Level: \$50** – Fifty gifts at this level supports student scholarships for one year
- **Whiskers Level: \$100** – Forty gifts at this level supports Teacher Grants for one year
- **Cub Level: \$200** – Five gifts at this level double our Art Docent funds.
- **Spot Level: \$500** – Three gifts at this level fund PE equipment and Music supplies for one year
- **Sprinter Level: \$750** – One gift at this level funds new recess equipment (balls, jump ropes)
- **Cheetah Pride Level: \$1000** – Two gifts at this level fund our entire budget for free school events such as Fall festival, Movie Night, and Spring Family Fun Night.

Payment Options

- My check for the full amount of \$ _____ is enclosed (please make checks payable to MP PTSA).
- I will make my pledge payment of \$ _____ via Paypal. Visit: www.mpptsa.org and click on the "Donate" button
- My company will match my gift. Company name: _____

Name (Please print): _____ Signature: _____

Today's Date: _____

This is how I would like to be recognized whenever Meridian Park PTSA publishes its list of supporters:

_____ ☐ This is an anonymous donation

Address: _____

City: _____ State: _____ Zip: _____

Day Phone: _____ Evening Phone: _____

Email: _____

The Meridian Park Elementary PTSA is a non-profit 501(c)(3) organization. All donations are tax-deductible to the maximum extent allowed by law. Meridian Park PTSA Tax ID: 91-1609258

Please turn in this form to your student's teacher or the MP front office by November 18th.



MERIDIAN PARK PTSA

Holiday Basket Food and Teen Gift Drive

What is the Holiday Basket Food and Teen Gift Drive?

In conjunction with the Shoreline PTA Council, schools across Shoreline donate food and gift items that are given to over 500 Shoreline families in need. Boxes of food, paper goods, toiletries, toys and teen gift cards are assembled and distributed to families to assist during the holiday season.

When is it?

The Holiday Basket Food & Teen Gift Drive runs from **December 6th through December 16th**.

Where do I drop off items?

Send your food or teen gift card donations to school with your student during this time period. There will be a collection box located in each classroom.

What food items are needed?

Each Shoreline school has been assigned one item to focus on.

This year, Meridian Park's item is **OATMEAL / HEALTHY CEREAL**

In addition, there are many other items that will help our Shoreline families this Winter Break such as peanut butter, pasta, beans, canned items such as soup, vegetables, fruit and tomato products, hot & cold cereal, granola bars, and gluten-free items

What types of teen gift items will be collected?

Rather than soliciting teen gift items, we will be collecting **gift cards** (\$15-\$25) for teens & tweens between the ages 10-18 that need our support this year. Fred Meyer, Target, Walmart, clothing stores, fast food, iTunes, and Amazon cards would be greatly appreciated.

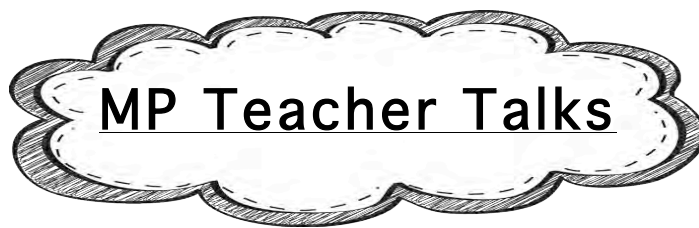
Is there anything I can't donate?

Please do not donate food in glass jars or large Costco-sized containers. (Multi-packs of an item from Costco are acceptable.) Also, please check the expiration dates on your donated food items.

Who do I contact if I want to volunteer during the drive or if I have questions?

Family Services Coordinator: Susan Duthweiler


Email: sduthweiler@gmail.com



A parent resource guide for connecting to current professional learning at Meridian Park Elementary.

Growth Mindset

Growing strong habits of mind, work, and heart.

 What is a growth mindset? It's the belief that we can develop and grow our abilities and talents through effort, hard work, dedication, and persistence. This view creates a love of learning and a resilience that is essential for great accomplishment.

 How can parents and teachers help?

- Recognize talent and growth by:
 - Acknowledge existence of a specific ability and credit its development to hard work
 - Example" "You did well on your math test because you learned how to add large numbers."
- Be a role model:
 - Share about your own experience and satisfaction with hard work and persistence (include setbacks and obstacles)
 - Share accomplishments at your job now, especially linked to effort
- Avoid "est" words (best, greatest, fastest, etc.)
 - Reinforce idea that when we excel, there's still room for growth

(Info from: *Tips for Parents: Promoting Achievement through a Growth Mindset* by Siegle, D.)

 Resources

- Books:
 - Mindset, Carol Dweck, Stanford
 - Brain Rules, John Medina, UW
- Online:
 - TED Talk - mindset and success:
<https://www.youtube.com/watch?v=pN34FNbOKXc>
 - <http://www.mindsetworks.com>
 - <http://mindsetonline.com>